

Team Awareness

Reflection Questions

A GUIDE TO HELP YOU KNOW ABOUT
YOUR TEAM MEMBERS




1. What gives you energy at work, and what drains you?
2. When do you feel most “in flow” in this team?
3. What’s one thing you need from the team to do your best work?

Let’s talk about *Energy*

About *Feedback*

VICTUS
PEOPLE

4. What's one feedback you received recently that helped you grow?
5. How do you prefer to be approached when there's tension?
6. What kind of leadership brings out the best in you?

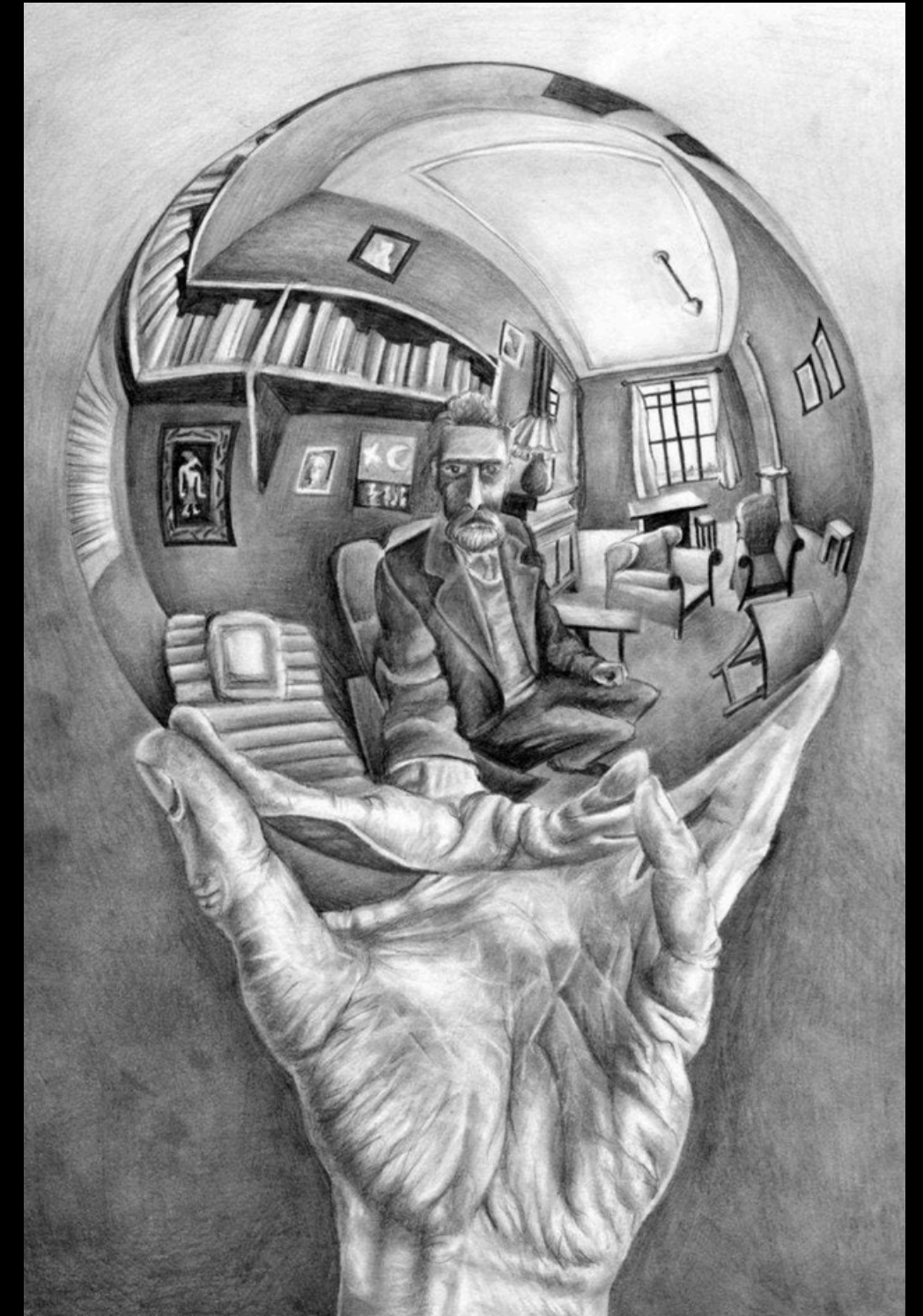
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7. Who is the team's guarantor of goal fulfillment?
 8. Who is the team's tough, silent working man/woman?
 9. Who is the team's idea bank?
 10. Name at least 1 good quality of one of your colleagues and then propose an area of personal development to the individual.

Team *Members*

Reflect

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11. On a scale of 1 - 10: How good is the 'atmosphere' in the team?
12. On a scale from 1 to 10: How well does the team perform?
13. On a scale from 1 to 10: How well is the flow of ideas in the team?
14. On a scale from 1 to 10: How effective are the work processes?
15. Think of 2 words that fit the team. You get 1 minute for reflection.
What are your individual reflections behind the selected words?

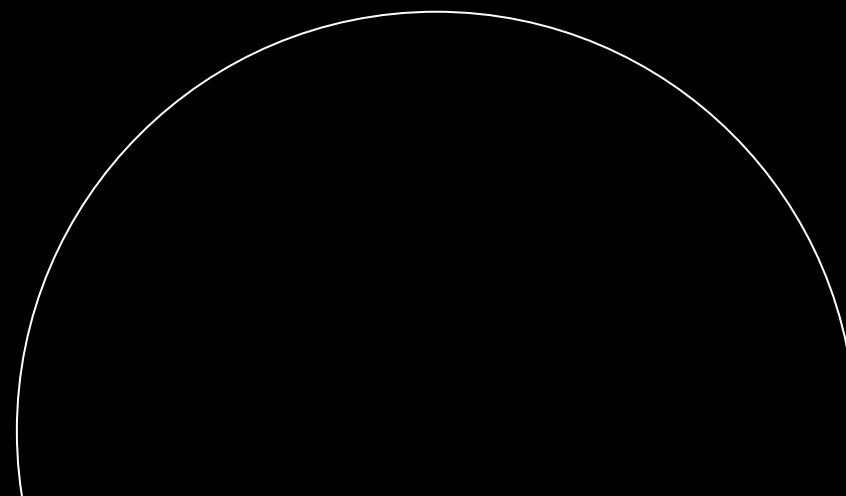


16. In what situations do we perform the best as a team?
17. In what situations does our team simply not work at all?
18. What should the team learn?
19. If you were to give your team advice on communication, what would the council be?
20. What promotes a positive cooperation in the team?

Notice



- 21. Does the team lack any competencies?**
- 22. What should the team pay special attention to when the team is under pressure?**
- 23. How would a new employee experience this team?**
- 24. How can we improve communication better?**
- 25. How do we create motivation and a culture where everybody adapts and stretches towards each other?**



important *Progress*

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26. LET'S TALK ABOUT A SUCCESS STORY: WHAT DID WE DO THEN?



High Performing Team

SELF AWARENESS

- Beginning the journey program with Insights Discovery

TEAM AWARENESS

- Team Effectiveness program - create the process

HIGH PERFORMING MINDSET/HABIT

- Know yourself - create the system
- Adapt to change and build your resilience

EXECUTIVE PRESENCE

- Communicate with influence
lead with executive presence

Stay In *Touch!*



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