

Team Awareness

Reflection Questions

A GUIDE TO HELP YOU KNOW ABOUT
YOUR TEAM MEMBERS



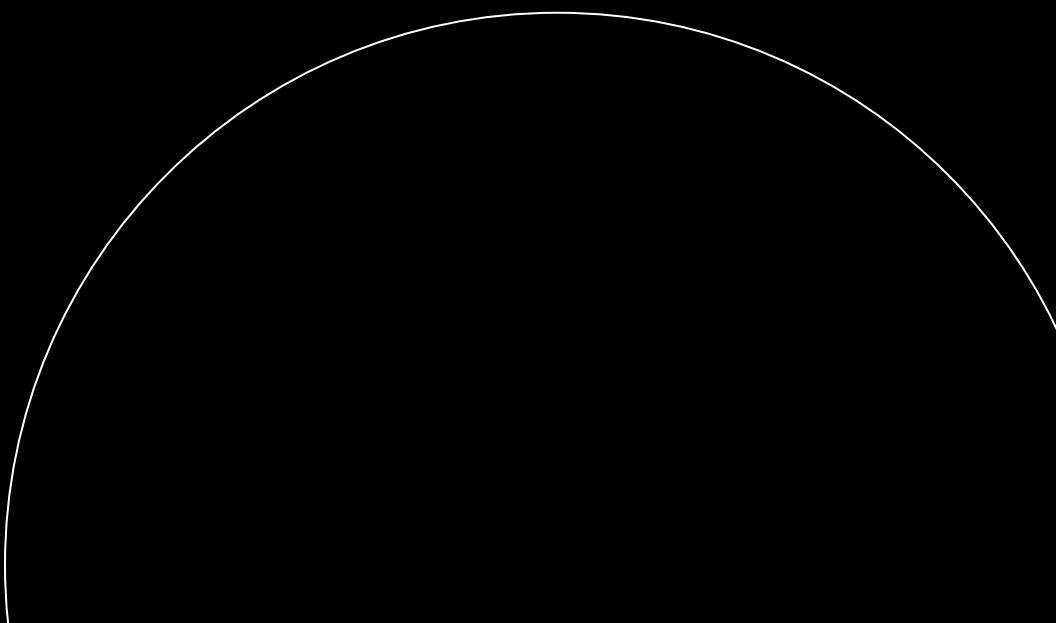
Let's
talk about *Energy*

- 1. What gives you energy at work, and what drains you?**
- 2. When do you feel most “in flow” in this team?**
- 3. What's one thing you need from the team to do your best work?**

About *Feedback*

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- 4. What's one feedback you received recently that helped you grow?**
- 5. How do you prefer to be approached when there's tension?**
- 6. What kind of leadership brings out the best in you?**



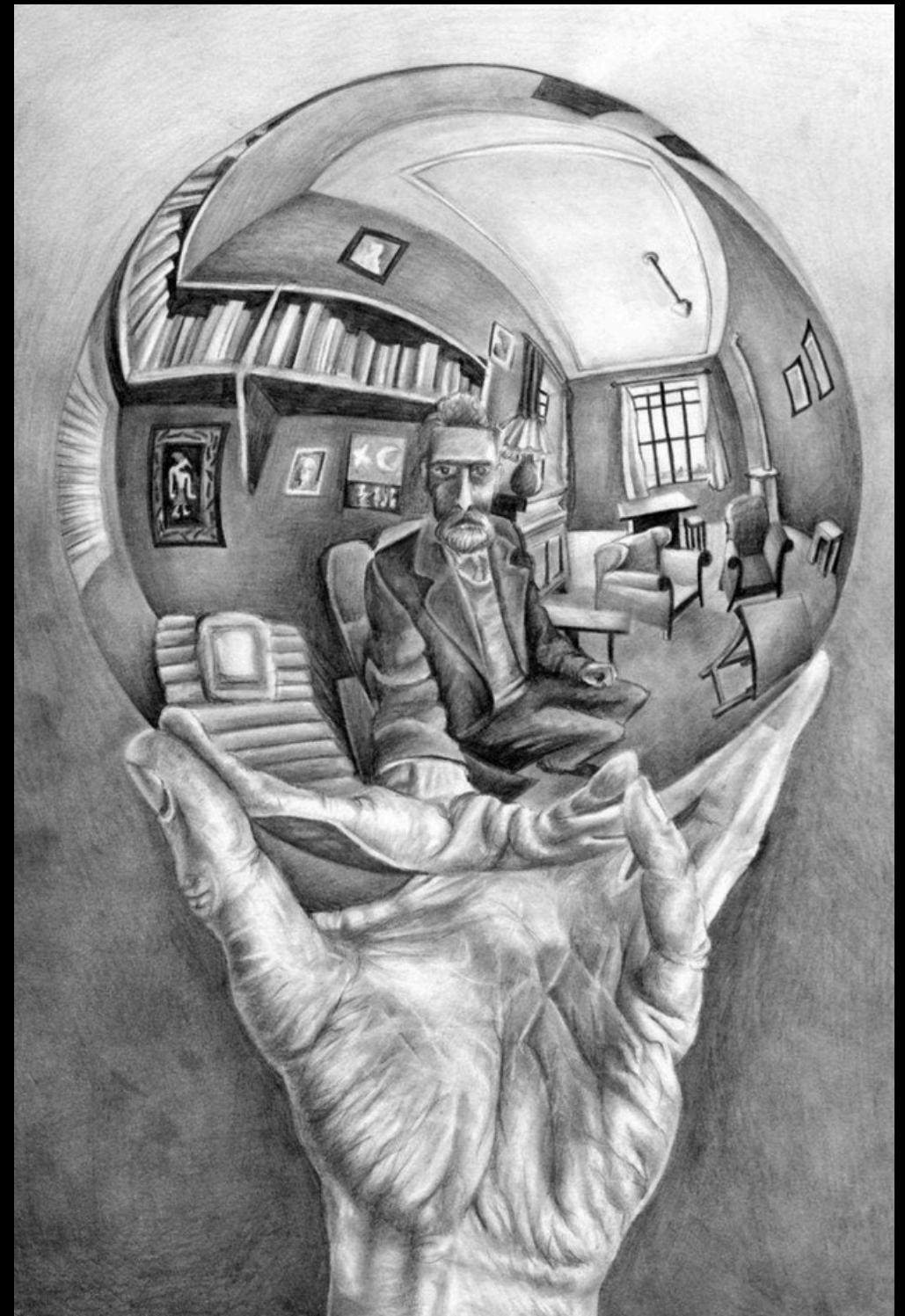
Team Members

7. Who is the team's guarantor of goal fulfillment?
8. Who is the team's tough, silent working man/woman?
9. Who is the team's idea bank?
10. Name at least 1 good quality of one of your colleagues and then propose an area of personal development to the individual.

Reflect

11. On a scale of 1 - 10: How good is the 'atmosphere' in the team?
12. On a scale from 1 to 10: How well does the team perform?
13. On a scale from 1 to 10: How well is the flow of ideas in the team?
14. On a scale from 1 to 10: How effective are the work processes?
15. Think of 2 words that fit the team. You get 1 minute for reflection.

What are your individual reflections behind the selected words?



- 16. In what situations do we perform the best as a team?**
- 17. In what situations does our team simply not work at all?**
- 18. What should the team learn?**
- 19. If you were to give your team advice on communication, what would the council be?**
- 20. What promotes a positive cooperation in the team?**

Notice



- 21. Does the team lack any competencies?**
- 22. What should the team pay special attention to when the team is under pressure?**
- 23. How would a new employee experience this team?**
- 24. How can we improve communication better?**
- 25. How do we create motivation and a culture where everybody adapts and stretches towards each other?**

important *Progress*

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26. LET'S TALK ABOUT A SUCCESS STORY: WHAT DID WE DO THEN?



High Performing Team

SELF AWARENESS

- Beginning the journey program with Insights Discovery

TEAM AWARENESS

- Team Effectiveness program - create the process

HIGH PERFORMING MINDSET/HABIT

- Know yourself - create the system
- Adapt to change and build your resilience

EXECUTIVE PRESENCE

- Communicate with influence lead with executive presence



Stay In Touch!



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